

Melbourne Men's Shed

Issue #1

September 2013

Men's Shed at Federation Square ?

1 Following advice from City of Melbourne Councillors and staff, men from East Melbourne, Kensington, Southbank, Carlton and Docklands formed a committee of management to set up a central Melbourne Men's Shed. The committee approached the City of Melbourne whom offered a site that was due to be demolished. After several meetings the committee was advised the site (located in the car park) could be developed into a new Men's Shed. Chair-Tony Bright.



Incorporation Act 2012- opening a shed

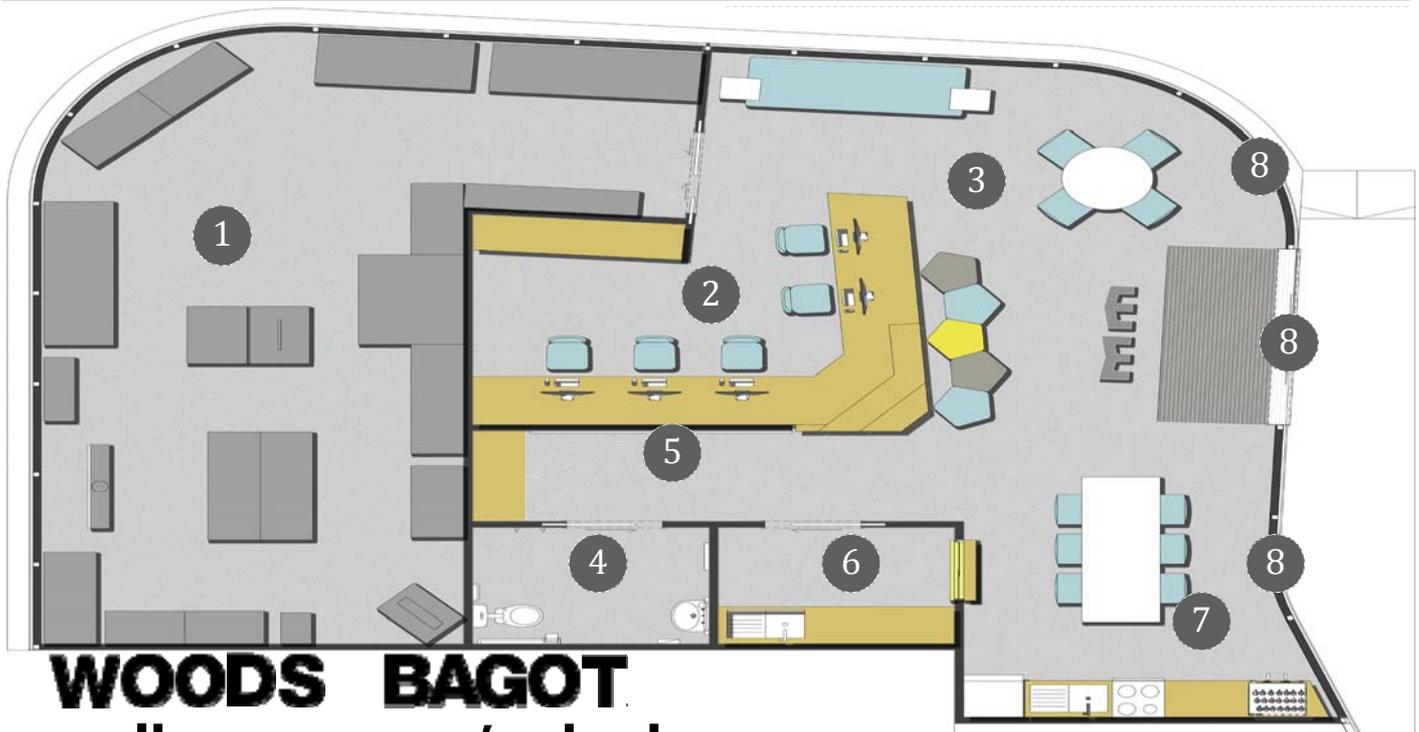
2 To operate independently and obtain Not For Profit status the committee of management developed a complete set of shed rules and consulted with VMSA. David Woodward, shed Secretary completed this task in record time and applied to CAV for incorporation. Eight drafts later, David & our team achieved incorporation & NFP status.



A serious makeover & construction plan.

3 A current view of the Mobility Centre, which closed in December 2012. It is hoped the plastic walls can be replaced and soundproofed, an electrical upgrade and a dust extraction unit installed. Our volunteer team has designed a workshop and social hub. Sound tests indicated that noise inside the proposed workshop is an issue, the floor is a slip hazard and security issues need to be fixed if this space is to open as a Men's Shed. The committee has just submitted an application to DHS for funding this build, the project has strong support of the City of Melbourne. Alan Seale MMS volunteer.





WOODS BAGOT

melbourne men's shed

CONCEPT PLAN

4

This shed has disabled access to tram, train, off street parking and is pedestrian and bike friendly. Woods Bagot suggested security screens could be incorporated into the construction to protect and enhance the space. This concept plan maximizes the use of color and space to create a relaxing social area that was lacking in the previous layout. A modern man cave was the brief, function and practicality has been incorporated to achieve a design that is easy to maintain and attractive to visit. Currently the site looks like a hospital/storage depot. To share public resources MMS is working on a range of activities, lifelong learning and a health promotion program. A vital part of that is the delivery of an attractive social space for men and visitors.

What we came up with was this innovative design that can be adapted to cater a range of groups that would benefit from partnering with Melbourne Men's Shed. In time the space could act as a training and artistic hub for new social enterprises and those wishing to develop their own business concepts in manufacturing and the arts programs developed by MMS's new members and volunteers.

The committee is currently developing a lifestyle program & volunteer roles and will be looking to recruit and train those who could assist. If you are interested in contributing to this health project contact the shed membership secretary Lance Collins on 0427369646 or mail melbournemensshed@gmail.com

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|---|---------------------------------------|---|------------------------------------|
| 1 | Woodwork/metal area Alan Seale | 5 | Health information wall |
| 2 | Digital Photo lab and Internet lounge | 6 | Craft beer and food prep room |
| 3 | Reading and art display area | 7 | Kitchen and coffee hub - boardroom |
| 4 | Unisex - disabled toilets | 8 | Security panels and frosted door |

A big thank you to Simon Dick - Principal of Woods Bagot & Matthew Gaal – Senior Associate for donating their time and in-kind support to assist with this design. This shed has limited space & must cater for a range of interests captured via a recent survey - this is a first in urban living.

5



melbourne men's shed- LOGO

David Loughton of Kensington designed a range of logos and presented them to the committee. All the designs David produced incorporated visual representations or combinations of the letters MMS. After alterations and some additions, a vote declared this design as the best representation of our new shed. If you look closely the second letter is a clever visual representation of a shed and the letter M.

7

The Heart Foundation- Walking Group.

Tara Henderson of the Heart Foundation and Murray Hohnen tests out the river precinct for walkability - Murray has his smart phone on hand to measure the distance and time of the walk.



Supporting Young People in Nursing Homes-YPINH

6

Michael Smolders of Southbank Residents Group recommended YPINH contact MMS. A tour through the shed and a discussion about possibilities followed - MMS provided a support letter to assist their team with a substantial funding opportunity. A pathway could develop in regards to future opportunities for young people living locally at Southbank. A Consortium of Not For Profits is working with the developer to design a site that promotes community and inclusive living. A Learning Centre is proposed as an extension of the existing community hub currently featured at the Boyd.

October 7th we have been invited by the **City of Melbourne** to participate in The Mind Body & Soul event at Fitzroy Gardens. Come say Hi and collect a membership form. We are on site 10am-2pm.



8

Bunnings's Fathers Day celebration, our team of volunteers cooked food for 70 parents and children at the Port Melbourne store. MMS would like to thank Activity Officer Sally Davey for her ongoing support and donation of tools.

Ian Cunliffe and Don Laird from Port Phillip Men's Shed supervising the BBQ and partaking in the taste testing.



VMSA-Officer Denis Minouge congratulates the committee of management on securing a place to hold meetings, the former Melbourne Mobility Centre. It is located in an underground car park at Federation Square. Pictured right to left Committee member Alan Seale, Chair Tony Bright, Membership Secretary Lance Collins, VMSA Denis Minouge, Secretary David Woodward, Vice Chair Frank Coppens & volunteer Phillip Rain. Not pictured but part of the team Doug Robertson, Greg Moran Treasurer, Murray Hohnen & David Loughton, Ross Ferris & John Shaker- all great men making a difference to this project.

9

10 This cartoon captures the changing views of a decade at Federation Square. This space is now the peoples meeting place - MMS respects the past and is attracted the possibilities at this location.



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With the closure of the mobility centre comes new opportunities for urban retirees, hipsters and young people all working together to build social capital. The World Health Organization defines "Active Ageing" as opportunities that allow people to realize their potential for physical, social and mental well-being throughout the life course.

11



Carlton Men's Shed visit Federation Square

From left to right-Don, Michael, Tara, Ray and Geoff discussed different ways to implement programs and share knowledge. Geoff manages the Carlton Shed on Thursday and Fridays 10-4pm. Contact Geoff on 0410435590



melbourne men's shed

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